

Post-operative Instructions

- BE CAREFUL WITH THE SURGICAL AREA FOR 3-4 WEEKS
- Do NOT brush the surgical area for 2 weeks. You can GENTLY brush after 2 weeks.
- Do NOT eat crunchy or hard foods for 4 weeks. Liquid/soft diet only for 4 weeks
- Do NOT smoke, chew tobacco, or drink alcohol for 4 weeks
- Do NOT use straws
- Do NOT work out for 1 week
- Do NOT rinse mouth vigorously. Do NOT spit. Rinse mouth GENTLY.

Prescriptions

- Ibuprofen 600mg (pain medication)
 - Take one pill 4 times per day (every 6 hours) as needed for pain
- Tylenol 500mg (pain medication)
 - Take one pill 4 times per day (every 6 hours) as needed for pain
- Amoxicillin 500mg (antibiotic) [this may or may not have been prescribed to you]
 - Take one pill 3 times per day (every 8 hours) as needed for pain